

Important! Keep this
user's manual for
future reference



User's manual

TRI • COTTI®

NATURAL COMFORT FOR YOUR BABY

for babies from 2.5 up to 15 kg

The Tri-cotti® is available in 3 sizes: Small - Medium - Large. The correct sling size is not determined by reference to your baby. As your child grows, the fabric will stretch, and the Tri-cotti® will always fit. Only take into account your own clothes size to see what size sling you need. Note, after use, the material will stretch by about 5 centimetres.

More and more people are discovering that 'carrying babies' is highly beneficial. Scientific research demonstrates that frequent skin contact is one of the most important stimuli for a baby to ensure healthy physical, intellectual and social development.

See www.babylonia.be for more information on this topic.

The Tri-cotti® consists of two bands of pure cotton that are very easy to put on. The sling's versatility means you can carry your baby in four different positions.

TRI·COTTI®

Welcome to the growing group of people who enthusiastically carry their babies in a Tri-cotti® sling.



1. **natural foetal position**
from baby's first days



2. **sitting upright, facing you**
from approximately
2 to 3 months



3. **sitting upright, facing out**
from approximately
4 months



4. on your hip
from approximately
5 months

Whether you carry your baby a lot or only occasionally, you have made an excellent choice by choosing the Tri-cotti®. But why is the Tri-cotti® a better alternative to most conventional baby carriers?

1. With the Tri-cotti®, you can carry your baby both in the foetal position and sitting up. This is important, because it is right after birth that a baby needs skin contact the most. In those first few months, she is still too small to be carried upright. Only when your baby is approximately 3 months old and can spread open her legs properly will you be able to carry your baby upright and the Tri-cotti® will serve you for another year easily.

2. In the upright position, you can pull the Tri-cotti® right down over the baby's thighs, as far as her knees. By doing this, you provide your baby with a 'broad base' which ensures that her back is not burdened and that she is lying completely relaxed against you. When a baby only has a narrow point of support, as is the case with most conventional baby carriers, she hangs straight down and basically has to carry her own weight.

3. The Tri-cotti® is easy and quick to put on.

4. The Tri-cotti® does not have any buttons, buckles or other fastening devices that might hurt or dig into your baby or rub and chaff your own shoulders.

5. With the Tri-cotti®, your baby's weight is divided optimally over your upper body; allowing you to carry your baby for hours, effortlessly. There is no daily time limit to how long you can carry your baby in the Tri-cotti®. It is entirely up to you. The weight of your baby is evenly distributed so that your posture does not have to compensate for carrying your baby.

6. The Tri-cotti® allows you to breastfeed discretely.

7. The Tri-cotti® takes up so little space - folding down to the size of a T-shirt - that you can always take it with you.

8. When not being used to carry, the Tri-cotti® can be used as a blanket for your baby. Being cotton, it will pick up your scent providing a natural comfort for your baby.

9. The Tri-cotti® is suitable for all climates - 100% cotton.

For almost all carrying methods described in this manual, you begin in the same way:

GENERAL



1

Take one of the bands and hold it with your thumbs on top and fingers inside the band.



2

Still holding the ends, take one hand through the opening to meet the other - hence forming a double-folded band.



3

First put your head and then your arm through the double-folded band, with the open side up.

Read the general tips on pages 14 and 15.

Save this user's manual: Depending on the age of your baby, other carrying methods are described.

RIGHT



WRONG



4

Then put your other arm and your head through the second double-folded band.



5

Spread the fabric over your shoulders. By doing this, your baby's weight will be divided optimally over your upper body.

Attention!
For an ideal distribution of weight, it is also important to lower the cross on your back as much as possible.

Always pull the cross down on your back.

Also ensure the bands are not gathered against your neck. Lay the bands as flat as possible and going slightly over your shoulders. Repeat this from time to time while carrying your baby.

Right after birth - baby couldn't wish for a better place!

1. FOETAL POSITION

Begin with steps 1, 2, 3, of the general description (pages 4 - 5)



1

Open the band, forming a 'pocket' where your baby will be placed.



2

Take your baby in your arm as shown in the picture and keep your arm high against your body, hold your arm sufficiently to the right, making sure that your baby's head lies against your heart.



3

Take your free hand to search for the outer rim of the pocket and pull the fabric over your baby, first over her back, then over her legs.



4

Support your baby's head with your free hand.



5

Pull the fabric over the baby's head.

TAKING
OUT



First choose on which side you want to carry your baby – instinctively, you will probably place your baby's head next to your heart, but obviously you can also choose the right side. If you do, adapt the following explanation and put the first band over your right shoulder.

It is important that the baby is carried in the foetal position for at least 3 months - to allow for their neck and spine muscles to strengthen and provide the support they need.

6



Take your baby's arm that is against your body and while gently tilting your baby towards you, place her arm slightly lower, next to baby's body.

7



Take the other double-folded band and put it on diagonally on your other shoulder.

8



Before opening up this band, first bring it to the height of the baby's bottom.

9



Now spread the band over your own shoulder and over baby's back and legs.



To take your baby out of the Tri-cotti®, you don't need to follow all these steps in reverse, but simply open the bands and lift your baby out of the Tri-cotti®.

From approximately 2 to 3 months

2. SITTING UPRIGHT



1

Put on the two bands following the general description (pages 4 - 5).



2

Put your baby high against your right shoulder and pull the left band over baby's right leg.



3

Hold your baby fairly high up and bring her to your left shoulder.



4

Pull the right band over baby's left leg.

BABY FACING YOU

TAKING
OUT



5

Spread out the two bands, right down to the back of your baby's knees.



When your baby falls asleep, you can support her head as shown in the picture. If the baby should turn her face to the other side, you simply support her head with the other band.

Note: It is important to always pull the two bands right into the back of your baby's knees. By doing this, you provide your baby with a so-called 'broad base', which ensures that her back is not burdened at all and that she is lying completely relaxed against you. When a baby only has a narrow point of support, she hangs straight down and basically has to carry her own weight (see picture page 14.)

From time to time, check whether the two bands still cover the back of baby's knees.

Note: Obviously, you can also begin with your left shoulder.



To take your baby out of the Tri-cotti®, you don't need to follow all these steps in reverse, but simply open the bands and lift your baby out of the Tri-cotti®.

From approximately 4 months

3. SITTING UPRIGHT



1

Put on the two bands following the general description (pages 4 - 5).



2

Hold your baby fairly high against your left shoulder and take the right band in your other hand.



3

Pull the right band over the right leg.



4

Bring your baby to your right shoulder and pull the left band over the left leg.

BABY FACING OUT

TAKING
OUT



5

First spread out the band closest to your child - in this case the right band and



6

then spread out the other band between their legs and behind their bottom.

Note: Obviously, you can also begin with your right shoulder.

Note: You quite often see people carrying their baby in this way at a younger age. This is possible technically speaking, but ergonomically, this position is not that ideal (after all, your baby 'is hanging', see before). The back of an 'older' baby who can almost sit alone is strong enough to carry their weight. Another reason for recommending the very ergonomic spread position for younger babies (baby facing you) is that babies easily fall asleep in this position. When they are tired or when things become a bit too much, they simply tune out. When you carry your baby facing the world, she is obliged to absorb everything she sees and falling asleep is not as easy.



To take your baby out of the Tri-cotti®, you don't need to follow all these steps in reverse, but simply open the bands and lift your baby out of the Tri-cotti®.

From approximately 5 months

4. ON YOUR HIP



1

Put on the two bands following the general description (pages 4 - 5).



2

Hold your baby high against your right shoulder and pull the left band over baby's right leg.



3

Keep your baby fairly high and bring her to your left shoulder; now pull the right band over baby's left leg.



4

First spread out the band closest to your baby - in this case the left band and



5

then widely spread out the other band, making sure that the two bands reach to the back of the knees (also see page 9).

Note: You can use this posture sooner if you like, but you will need to give your baby some extra support with your arm. When your baby can almost sit alone, she will no longer need this support and this 'balancing' will stimulate her motor development.

Attention: If you choose to use the alternative (pictures 7 and 8) you first have to decide on which hip you want to carry your baby, before putting on the Tri-cotti®. People often choose the left hip to have their right hand free. When you choose your left hip, make sure that your first band runs from your left shoulder to your right hip.

**TAKING
OUT**



Alternative:



6

Shift your baby to your left or right hip by moving her bottom with one hand and the band with your other hand, towards your hip.



7

When you carry your baby on your hip, you can give her some extra back support by bringing the outer band over the furthest back leg. Also read the section above.



8

As a result, the outer band runs more horizontally over the back of your baby.



To take your baby out of the Tri-cotti®, you don't need to follow all these steps in reverse, but simply open the bands and lift your baby out of the Tri-cotti®.

GENERAL TIPS

RIGHT



A

A. For an ideal distribution of weight over your upper body, the cross on your back has to be as low as possible. Always pull the cross down on your back and repeat this from time to time.

B. In picture A, you can see that the two bands are spread out correctly. In this picture you see how it should **NOT** be done.

WRONG



B



Make sure that the two bands of the Tri-cotti® are nicely spread out right into the back of your baby's knees. Once again, check this from time to time.

By doing this, you provide your baby with a so-called 'broad base', which ensures that her back is not burdened at all and that she is lying completely relaxed against you. When a baby only has a narrow point of support, she hangs straight down and basically has to carry her own weight.

- Always use both bands - never one alone.
- Do not use the Tri-cotti® during sports.
- Beware not to lose your balance when your baby moves.
- Make sure that your baby is not overdressed - after all, the Tri-cotti® will provide a layer of warmth in addition to the bodyheat you both produce. When out & about, you can just put your coat over yourself and the baby.

- Always support your baby when bending forward or squatting down to reach the floor.

During the day, wear the sling to carry your baby for as long as you both feel comfortable - there is no time limit!

If you feel you have bought a Tri-cotti® that is too big, we advise you to take in the bands. To do so, fold in the fabric some inches and stitch the entire length twice.

If both parents use the same Tri-cotti®, the sling may appear 'loose' over time. If this is the case, washing the sling will return it to its original size.

The ages indicated for transition to the different carrying positions are guidelines.

Some babies are quite happy to be in the foetal carrying position for sleeping but when awake want to see what is happening in the big wide world.





Manufacturer:
Babylonia b.v.b.a.
Karel De Preterlei 26
2140 Antwerp
Belgium
www.babylonia.be
info@babylonia.be

For international distributor contacts, check www.babylonia.be

To obtain a user's manual in a different language, go to www.babylonia.be

Remarks and suggestions can be forwarded to info@babylonia.be

The Tri-cotti® is a patented carrying method: patent nr 1006025.
Conform to prEN 13209-2, Oct. 2003.

Washing instructions:
30°C, do not tumble dry.
After washing, pull into shape
while still wet.

